

F-Tec – Open Minds

F-Tec Newsletter Sep/Oct 2021

British Values

Respect and tolerance - Respect others. Embrace difference. Learn about and consider the cultures of other people. Accept the beliefs and faiths of others.

Rule of law - Help others do the right thing. Be honest, truthful, and loyal.

Individual Liberty – Be responsible for your actions. Work hard to improve. Diligently pursue your goals. Challenge bullying, prejudice, or bias with confidence

Democracy – Respect all views. Debate in peace. Participate willingly. Express your views confidently.

Afghan refugees will be taught about British values, culture, and civic duties under plans for a new integration scheme.

Ministers want to emulate Italy, France, and Germany, where newcomers are given hundreds of hours of language lessons, civic training classes and culture passes for museums and galleries.

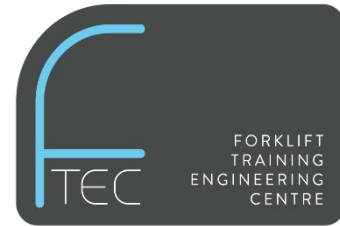
All new arrivals will be expected to enter a comprehensive programme to replace the patchwork of policies overseen by different Whitehall departments and local councils.

Robert Jenrick, the communities secretary, said: “We’re looking at how can we have an enhanced level of English-language training, how can we ensure people will get into the workplace as quickly as possible and how can we comprehensively introduce people to British culture, civic and political life, increasing people’s knowledge and understanding of the country and its values, so they can contribute fully to British life.”

He added: “We want to warmly welcome and support Afghan families, particularly those who stood shoulder to shoulder with our armed forces, while being clear that the UK is a country with its own values and rules.”

(Segment taken from The Times newspaper 2021)

Hot Topic – Do you think it's beneficial to teach British Values to refugees? Yes/No Why do you think this?



Radicalisation and Extremism

Radicalisation or extremism is where **someone holds views that are intolerant of people** who are of a different ethnicity, culture, religion, gender, or sexual identity. Extremists may try to force their views on others and, in some cases, may believe that these views can justify the use of violence in order to achieve certain aims.

The recent attack in Plymouth is being associated to a group called INCEL, not yet a terrorist group but on the radar.

[Plymouth shooting: Inside the dark world of 'incels' - BBC News](#)

(Segment taken from BBC news 2021)

Hot Topic – Have you heard of this group before? What are your thoughts about it?

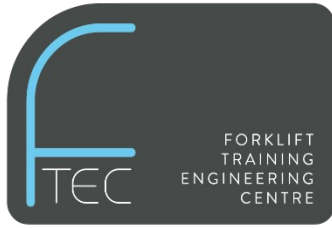
Health and Safety

Safeguarding is the overarching term used to describe the protection of the health, wellbeing, and human rights of individuals. Under legislation, all parties involved in an **apprenticeship** have to take reasonable action to minimise risks to **apprentices**. This includes aspects of **apprentice's** experience, both in and outside of the workplace, as well as during any attendance at the centre.

Health and safety for apprentices - Every apprentice should feel safe and happy in their working environment. You should never be put in a dangerous situation or be asked to do something potentially risky without proper training.

Personal Protective Equipment

Personal protective equipment (PPE) is designed to directly protect persons against physical and chemical agents. It is intended to be worn or used by a person at work.



PPE broadly falls into the following categories:

Hearing protective equipment (ear defenders).

Eye and face protective equipment (goggles).

Respiratory protective equipment (RPE).

Protective clothing (hard hats, overalls, chemical protection suits, aprons, and high visibility clothing).

Protection for the skin (gloves).

Protection against the cold (gloves to retain heat to assist circulation when using vibration transmitting tools).

Protection for legs and feet (safety footwear):

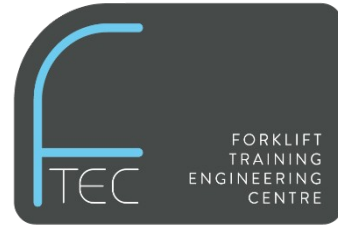
High visibility clothing to make the worker visible to others for example in areas where there are moving vehicles or works transport.

PPE should not normally be provided as the primary means of protecting a person's health or safety but as a **last resort**. It has serious limitations due to the fact that it does nothing to control the hazard at source. Should the equipment fail and not be noticed by the person using it their exposure to the risk increases dramatically.

PPE is however a very important control measure for maintenance personnel. They may be required to work on primary control systems which have been switched off for cleaning or repair or to investigate reported faults and failures. Without PPE they would be directly exposed to the hazard.

(Segment taken from Qube Learning 2021)

Hot Topic - F-TEC have been welcoming new apprentices to the centre and we have been discussing Health and safety. It might be a good time to refresh everyone's memory about if they know who and how to report a hazard or accident to at work no matter how big or small.



Equality and Diversity

F-TEC is dedicated to creating and maintaining a safe, welcoming, inclusive, and diverse centre which nurtures a healthy environment and culture of mutual respect and consideration, allowing all members to thrive without fear of sexual violence, abuse, coercive behaviours, or related misconduct. F-TEC aims to provide you with a safe environment to live and study and has a zero-tolerance approach to harassment and/or sexual misconduct from any member of its community.

Equality and diversity are important in all areas of life, for example, Nottingham Forrest football club being part of a new initiative – Nottingham Forest fans are among the first in the country to take part in My City, My Shirt - a nationwide project run by the Football Supporters' Association (FSA), together with Kick It Out, to celebrate the diversity of clubs' supporters.

[Nottingham Forest: A celebration of a 'wide, diverse range of fans' - BBC News](#)

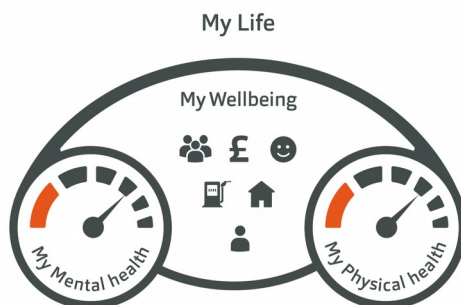
(Segment taken from BBC News 2021)

Hot Topic – Have you noticed any other examples to promote equality and diversity in your everyday life? Could be music related/sports related.

Mental Health and Wellbeing – BEN

We all have health and wellbeing. As we take control and drive our way through life, it's important to keep an eye on our dashboard: our mental health, physical health, and our wellbeing.

Our mental health and physical health changes all the time – one day we can feel great but not the next. This is perfectly normal and the same for everyone. Our mental and physical health are linked and if something affects one of them, it can impact on the other. This is where our wellbeing comes in. Our wellbeing can help us cope in times of crisis and equally, can help prevent issues affecting our health.

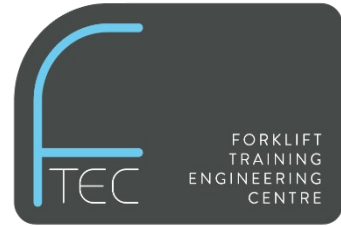


We all need a bit of extra support sometimes to help us get over those bumps in the road. We can help you improve your mental health, physical health, and your wellbeing. Whether you need help in a crisis or want help with something in particular like stress, anxiety, depression, money worries, trouble sleeping or anything else – we're here for you.

Watch our [short video](#) to find out more or [download our leaflet](#).

(Segment taken from BEN 2021)

It is important you register with BEN. This is a free service for anyone in the automotive industry including your immediate family.



If you need any help or advice, please contact –

Designated safeguard lead – Vicki Cartner. Mobile 07425 783919 Office 01793 686182

vicki.cartner@f-tec.org.uk

Deputy safeguard lead – Jo Carter Office 01793 686182

support@f-tec.org.uk

By Victoria Cartner Sep 2021